



**Arrival and Greetings** 

Welcome

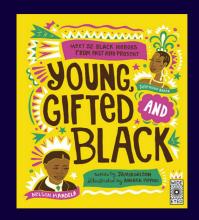
Check-In: Call & Response

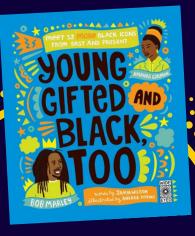
**Readings:** 

• Young, Gifted & Black Too!

Activity

Closing







**Ashley Karell** 

- Mama
- Founder of Nature TimeOakland
- Forest School teacher



**Jamia Wilson** 

- Movement builder,
  Storyteller, & Feminist
  Activist and Writer
- Vice President & Executive Editor at Random House



**Trina Greene** 

- Black Mama
- Founder of Parenting for Liberation
- Professor at CSUF

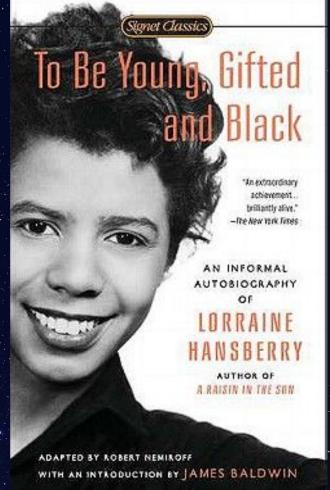


## **Check In:**

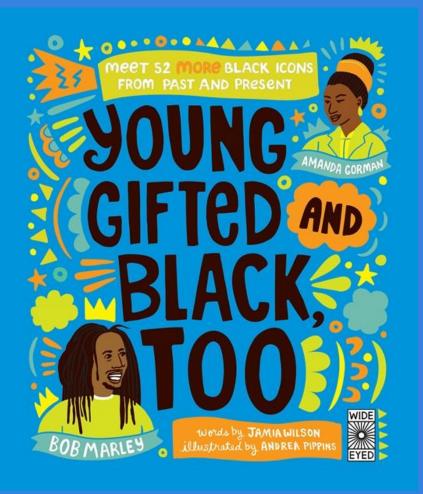
Say your <u>NAME</u> and describe how you <u>FEEL</u> connected to <u>NATURE</u>.

Example: "My name is \_\_\_\_ and I feel \_\_\_\_ like a \_\_\_\_."













### About the Book...

Meet 52 Heroes from the Past & Present.

A collection of short biographies and stories about Black changemakers to encourage, inspire, and empower the next generation of changemakers.











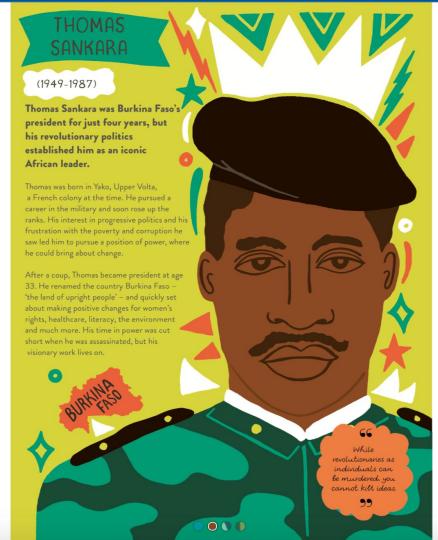
### OCTAVIA BUTLER (1947-2006)

Award-winning author Octavia Butler was a visionary writer of the science-fiction genre. Her books explored race, gender, women's rights and climate change.

Octavia was born in Pasadena, California. A very shy girl, she lived with dyslexia, a learning difference that affects how our brains process language. Despite this, she found solace in reading and writing, and in the sci-fi genre most of all.

Octavia is best known for her books Kindred, Fledgling, Patternmoster and Parable of the Sower. In addition to many awards given for her masterful writing, Octavia was also the first science-fiction writer to be awarded a MacArthur Genius Grant. Her fanbase continues to grow after her death, with new readers discovering her words.





### IMAN (1955-PRESENT)

World-famous supermodel, actor, entrepreneur and philanthropist Iman is known for breaking barriers in fashion and business.

The daughter of a Somalian diplomat, Iman Abdulmajid was born into a middle-class Muslim family in present-day Somalia. After her family were forced to leave their homeland as refugees, Iman studied political science at university in Nairobi, Kenya. There, she was spotted by American photographer Peter Beard, who noticed her incredible beauty and spirit. With Beard's help, Iman moved to the United States and quickly became one of the world's most influential and sought-after fashion models. She was featured in magazines and became the muse of many designers, inspiring future diverse models. She branched out into TV and film, started her own cosmetics line and married rock star David Bowie. Today, she is also known for her charity work and for championing important causes, including education.



## LAVERNE COX

(1972-PRESENT)

Famous for her award-winning acting and activism, trailblazing Laverne Cox was the first openly transgender woman of colour to lead a TV series.

Laverne was born in Mobile, Alabama and raised with her identical twin by her mother and her grandmother. Growing up, Laverne knew she was a girl. She was bullied because of her gender identity, but despite pressures about who she should be, Laverne stayed true to herself.

She studied creative writing and classical ballet in college, before moving to New York City and focusing on acting. Laverne spent years working on her craft, acting in shows and on TV. In 2012, she was cast in her breakout role as a transgender prison inmate in the hit Netflix drama Orange Is the New Black. The role would launch Laverne into stardom.

Laverne proudly advocates for LGBTQ+ rights and has established a track record for breaking barriers and opening doors in the entertainment industry for future transgender stars.

We are not what other people say we are. We are who we know ourselves to be, and we are what we

Love That's okay.



(1984-PRESENT)

Multitalented comedian, podcaster, producer, actor and best-selling author Phoebe Robinson is known for her relatable humour and powerful storytelling that amplifies and celebrates diverse voices.

Phoebe grew up in the suburbs of private Catholic high school where she was the only Black girl in her graduating class. She dreamed of writing films and, after high school, she moved to New York City, majoring in screenwriting at Pratt Institute. Following college, Phoebe wrote for TV shows, blogged and podcasted. She started to perform stand-up comedy, talking to audiences about things she cared about and found funny. Phoebe Jessica Williams and, in 2016, they developed 2 Dope Queens, a popular podcast (later turned into a TV series)

Phoebe's meteoric rise didn't end there. She has created more solo podcasts, starred in films, written books, launched her own production company and continues to make people laugh with her comedy.





# Story of George Washington Gibbs Jr.,

Defied Danger and Racism to Become the First African-American to Visit Antarctica.

"He had bigger visions and would not be contained in a box," his daughter says.



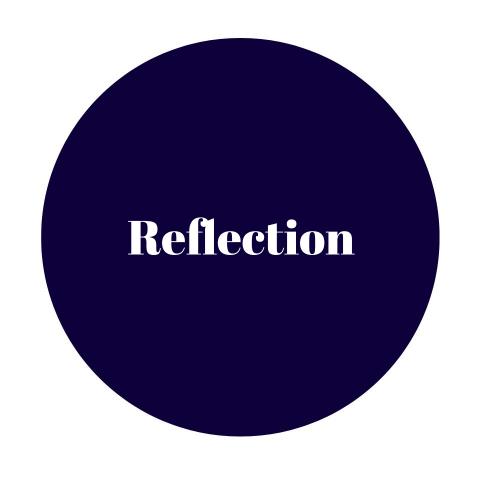
# GEORGE WASHINGTON GIBBS JR.

(1916-2000)

Naval Officer George Washington Gibbs Jr.
was a pioneer. He became the first African
American sailor to reach Antarctica, receiving
the silver US Antarctic Expedition Medal.

Born in Jacksonville, Florida, George enlisted in the US Navy at just 19. Four years later he was selected to join an expedition to Antarctica. Due to racist policies in the US Navy at the time, the only position he could hold was 'mess attendant'. His duties included cooking and cleaning.

George was frustrated by his lack of options and the racism he faced, but the opportunity to set foot on the frozen lands of Antarctica was one he had to take. Throughout the expedition, George rose to every challenge and was praised for his energy and loyalty. After the expedition, George fought in World War II, surviving the torpedoing of his ship and helping others stay alive too. He left the US Navy in 1959 and went on to earn a university degree and have a successful career in business. He became a civil rights organiser and never stopped challenging unfairness and racial discrimination.



## George Washington Gibbs Jr. daughter said

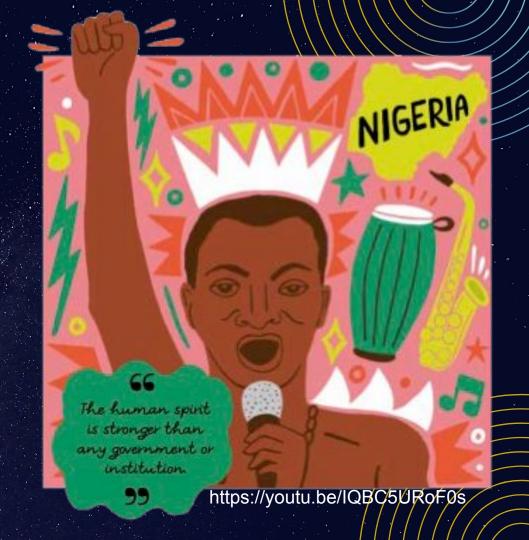
"He had bigger visions and would not be contained in a box."

"Out-of-the-box" visions and dreams?



Dance Break!

Fela Kuti "Water No Get Enemy"





(2007-PRESENT)

Activist and philanthropist
Mari Copeny captured
her country's attention at
just eight years old when
she saw a problem in her
community and used her
voice to speak up.

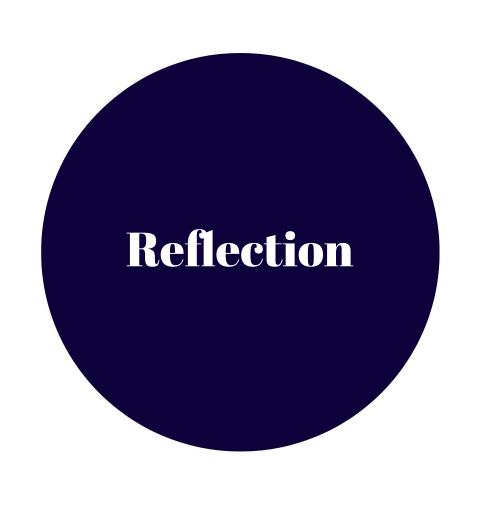


Born in Flint, Michigan, it would be Mari's hometown that first put her on the map. In 2014, Flint's local government changed the city's water source but failed to ensure the new water supply was safe. Residents noticed the drinking water seemed different. Testing showed high levels of lead in the water. Thousands of Flint residents were being exposed to dangerous drinking water.

Young Mari felt she had to act. In 2015 she sent President Barack Obama a letter about the crisis, introducing herself as 'Little Miss Flint'. Her words inspired him and raised awareness around the country. Obama travelled to Flint to see the problem and authorised \$100 million in funding to help.

Since then, Mari has continued to call for change for her community and others. She has spoken at marches, raised funds for schoolchildren and partnered with a company to produce a water filter so that people like the Flint residents can drink safely.





What is a challenge in your community?

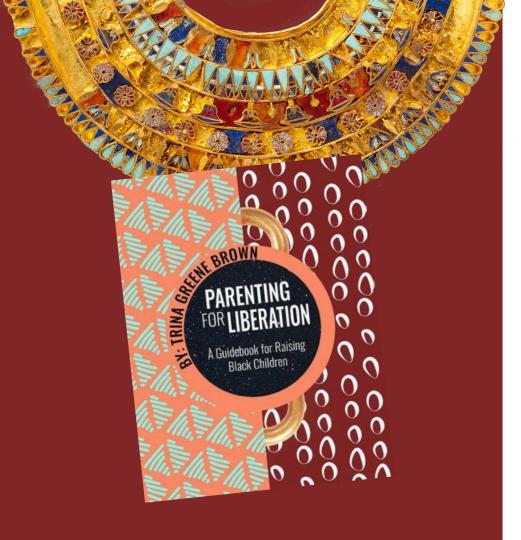
What are possible solutions you are imagining?







bit.ly/P4LEventSurvey



## **Stay Connected!**

### Website:

www.parentingforliberation.org

### **Social Media:**

- <u>Facebook</u>
- <u>Instagram</u>

### **Podcast:**

- **Spotify**
- <u>iTunes</u>

### **Order P4L Book:**

- Feminist Press
- Barnes & Noble
- <u>Amazon</u>

